

Clubhouse Calendar — August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Yuanji #1 – 7am-8am Yuanjii #2 – 8am-9am Yoga 9:30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm ACC Meeting - 5:30pm	2 Water Aerobics 9:30am-10:30am Yuanji #1 7: 00am-8:00am Yuanji#2 8:00am-9:00am Tai Chi	3 Yoga 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm	4 Yuanji #1 7:00am-8:00am Gi-Gong 8:00am-9:00am Tai Chi 7:00pm-8:00pm Youth Karate 6:15pm-7:00pm	5 Yuanji #1 7:00am-8:00am Water Aerobics 9:00am-10:00am Gi-Gong 8:00am-9:00am Zumba/Cardio Dance 9:15am-10:15am
6 Yuanji #1 7: 00am-8:00am Gi-Gong 8:00am-9:00am	7 Yuanji #1 -7am-8am Yuanji #2 –8am-9am Yoga 9: 30am-10:20am Tai Chi 7:00pm-8:00pm	8 Yuanji #1 – 7am-8am Yuanjii #2 – 8am-9am Yoga 9:30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm Board Meeting - 7:00pm	9 Water Aerobics 9:30am-10:30am Yuanji #1 7: 00am-8:00am Yuanji#2 8:00am-9:00am Tai Chi	10 Yoga 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm	11 Yuanji #1 7:00am-8:00am Gi-Gong 8:00am-9:00am Tai Chi 7:00pm-8:00pm Youth Karate 6:15pm-7:00pm	12 Yuanji #1 7:00am-8:00am Water Aerobics 9:00am-10:00am Gi-Gong 8:00am-9:00am Zumba/Cardio Dance
13 Yuanji #1 7: 00am-8:00am Gi-Gong 8:00am-9:00am	14 Yuanji #1 -7am-8am Yuanji #2 –8am-9am Yoga 9: 30am-10:20am Tai Chi 7:00pm-8:00pm	15 Yuanji #1 – 7am-8am Yuanjii #2 – 8am-9am Yoga 9:30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm	16 Water Aerobics 9:30am-10:30am Yuanji #1 7: 00am-8:00am Yuanji#2 8:00am-9:00am Tai Chi 7:00pm-8:00pm	15 Yoga 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm	16 Yuanji #1 7:00am-8:00am Gi-Gong 8:00am-9:00am Tai Chi 7:00pm-8:00pm Youth Karate 6:15pm-7:00pm	19 Yuanji #1 7:00am-8:00am Water Aerobics 9:00am-10:00am Gi-Gong 8:00am-9:00am Zumba/Cardio Dance 9:15am-10:15am
20 Yuanji #1 7: 00am-8:00am Gi-Gong 8:00am-9:00am	21 Yuanji #1 -7am-8am Yuanji #2 –8am-9am Yoga 9: 30am-10:20am Tai Chi 7:00pm-8:00pm	22 Yuanji #1 – 7am-8am Yuanjii #2 – 8am-9am Yoga 9:30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm	23 Water Aerobics 9:30am-10:30am Yuanji #1 7: 00am-8:00am Yuanji#2 8:00am-9:00am Tai Chi 7:00pm-8:00pm	24 Yoga 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm	25 Yuanji #1 7:00am-8:00am Gi-Gong 8:00am-9:00am Tai Chi 7:00pm-8:00pm Youth Karate 6:15pm-7:00pm	26 Yuanji #1 7:00am-8:00am Water Aerobics 9:00am-10:00am Gi-Gong 8:00am-9:00am Zumba/Cardio Dance 9:15am-10:15am
27 Yuanji #1 7: 00am-8:00am Gi-Gong 8:00am-9:00am	28 Yuanji #1 -7am-8am Yuanji #2 –8am-9am Yoga 9: 30am-10:20am Tai Chi 7:00pm-8:00pm	29 Yuanji #1 – 7am-8am Yuanjii #2 – 8am-9am Yoga 9:30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm	30 Water Aerobics 9:30am-10:30am Yuanji #1 7: 00am-8:00am Yuanji#2 8:00am-9:00am Tai Chi 7:00pm-8:00pm	31 Yoga 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm		