



Clubhouse Calendar – July 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Water Aerobics 9:00am-10:00am Zumba/ Cardio Dance 9:15am-10:15am
2	3 Yoga 9: 30am-10:20am	4 Yoga 9: 30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm Patriotic Parade - 9:00am	5	6 Yoga 7:30am-8:20am 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm	7 Youth Karate 6:15pm-7:00pm	8 Water Aerobics 9:00am-10:00am Zumba/ Cardio Dance 9:15am-10:15am
9	10 Yoga 9: 30am-10:20am ACC Meeting - 5:30pm	11 Yoga 9: 30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm BOD Meeting - 7:00pm	12	13 Yoga 7:30am-8:20am 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm	14 Youth Karate 6:15pm-7:00pm	15 Water Aerobics 9:00am-10:00am Zumba/ Cardio Dance 9:15am-10:15am
16	17 Yoga 9: 30am-10:20am	18 Yoga 9: 30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm	19	20 Yoga 7:30am-8:20am 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm	21 Youth Karate 6:15pm-7:00pm	22 Water Aerobics 9:00am-10:00am Zumba/ Cardio Dance 9:15am-10:15am
23/30	24/31 Yoga 9: 30am-10:20am	25 Yoga 9: 30am-10:20am Karate Kids 5:30pm-6:15pm Youth 6:15pm-7:00pm	26	27 Yoga 7:30am-8:20am 8:30am-9:20am Zumba/ Cardio Dance 6:15pm-7:05pm Meditation Workshop 7:15pm-8:15pm	28 Youth Karate 6:15pm-7:00pm	29 Water Aerobics 9:00am-10:00am Zumba/ Cardio Dance 9:15am-10:15am