

STONELAKE

M a s t e r A s s o c i a t i o n



SEPTEMBER 2019

Stonelake Clubhouse

3000 Riparian Drive
Elk Grove, CA 95757
Phone: (916) 714-9511
Fax: (916) 714-9514
Stonelakeclub.com

Management Contacts

Jacqueline Gomez, CMCA®, AMS®
General Manager
jacqueline.gomez@fsresidential.com
Phone: (916) 714-9511

Janelle Rodriguez
*Assistant Manager of
Property Operations*
janelle.rodriguez@fsresidential.com
Phone: (916) 714-9511

Laurene Hearn
Facility Administrator
laurene.hearn@fsresidential.com
Phone: (916) 714-9511

24-Hour Customer Care Center
(800) 428-5588

Accounts Receivable
(800) 428-5588

Check your account online at
www.fsresidential.com

Security Patrol
Stonegate Protection
9:00 p.m. to 5:00 a.m.
(888) 774-0035, ext. 916
security@stonegateprotection.com

Cosumnes CSD
(916) 405-5688 Hotline
hotline@CSDParks.com

Taco Tuesday

Taco Tuesday is back. Join us at the Clubhouse on Tuesday, September 24, from 6:30 p.m. to 8:30 p.m. and let Sac City Eats BBQ & Catering cook for you.

For just \$5 per person (Stonelake members) and \$7 for guests you will get three (3) street tacos with your choice of carne asada (beef) or chicken, served with fresh guacamole, sour cream, jack/cheddar cheese, lettuce, onions, and cilantro, rice, beans, and chips and salsa. Second helpings will be allowed. Iced tea, lemonade, and water will also be available.

Sign-ups will open on Monday, September 2. Please note: We are unable to accept debit/credit cards for payment.



Community-Wide Garage Sale

Looking to clear out your unwanted items? Well, here is your opportunity. Stonelake Master Association will be holding a community-wide garage sale on Saturday, September 14, beginning at 7:00 a.m. Let management do the advertising for you. We will be posting ads in the Sacramento Bee and on Craigslist to catch people's attention. A map and list of all participating homes will also be made available at the Clubhouse on the morning of the sale. Please let Janelle Rodriguez know if you plan to participate at janelle.rodriguez@fsresidential.com no later than Thursday, September 12.

Save the Date – Halloween Is Almost Here

We hope you are as eager for Halloween's arrival as we are. We are busy preparing for some spooky fun here at the Clubhouse. This year's annual Halloween event is scheduled for Saturday, October 26, at 4:00 p.m. – 7:00 p.m. Look out for more details to come in the October newsletter.

STONELAKECLUB.COM

Be sure to visit our website at Stonelakeclub.com for the latest Stonelake information. The website is updated daily and contains the most up-to-date information about your association.

Happy Healthy Brain

Happy Healthy Brain is a child-friendly series of social-emotional classes that empower kids to make healthy life choices early in life. Happy children are more productive, have better relationships with peers and tend to be more successful in school. The Happy Healthy Brain course is a series of interactive hands-on classes created to help youth learn self-awareness, manage stress, anxiety, hyperactivity, conflict resolution, and social media awareness. Students also gain the skills to become aware of the ever-changing world around them. Each course is \$125 per child to enroll, and will meet once a week for five weeks. Courses will be held on Monday or Thursday from 6:00 p.m. - 7:15 p.m. Additional days and times to be added pending enrollment numbers. For more information visit www.aprimeplan.org, call (916) 573-8228, or email aprimeplan@gmail.com.

Courses Offered:

Mindfulness: Happy Me (Sept. - Oct.)

Self-Image: Who Am I? (Oct. - Nov.)

No Stress: Learning to Balance (Nov. - Dec.)

Anger and Your Brain (Jan. - Feb.)

Friends: Navigating my Social Life and Social Media

(Tentative: Nov. - Dec.—day of week to be determined)

Pets Not Pests

Pets bring joy to most owners. But some pet problems can prevent neighbors from enjoying their home and community. Dogs and cats will sometimes cry and bark too loud or too long when their owner is away. Unattended pet waste can cause serious health concerns; even odors become a nuisance in the common area. Also, when walking your pet, did you know they can cause damage with their urine to other owner's lawns? Make sure you keep your beloved pet from becoming a pest by embracing these simple solutions:



Problem	Solution
Noise nuisance	Keep pets indoors. Train and modify behavior. Use commercial, harmless restrictors when necessary.
Waste nuisance/ waste	Use doggie bags to pick up.
Health violation/ Safety violation	Keep dogs (and cats) on leashes at all times on common area as required by law.
Damage control Use	Use doggie bags to pick up waste and rinse urine areas to prevent odors and the burning of plant material.

The Perfect Lawn

by Jodi Anderson, Horticulturist

One of the greatest challenges we face as homeowners is the creation of the "perfect lawn" ... with that deep, rich, emerald green color and the even mowing pattern. Believe it or not, it is not that hard to accomplish in your own yard. Grass is a simple plant with very basic needs: sunlight, food, air, water and mowing. With the right balance of all of these elements you, too, can achieve that green lawn that you have always wanted.

- **Sunlight** – Most grasses do best in full or partial sun. Sun and heat are essential elements in keeping the grass green and healthy. Some morning or afternoon shade is fine and will not affect the health of the turf.
- **Food** – Grass loves food in the form of fertilizer. A regular diet of a high-nitrogen fertilizer every 4 - 6 weeks will promote considerable green growth. However, you must vary your fertilizer types depending on the season. Organic fertilizers are also great forms of food that promote a longer and slower growth while also conditioning the soils. Experiment with different types of fertilizers to see what works best for you and your turf.
- **Air** – The special ingredient. Special because the lack of air in the soil will actually cause your turf to remain yellow. The presence of air is important in the soil because it helps the plant to digest the food. How do we add air to the soil? DO NOT OVER WATER. Watering every day will saturate the ground and eliminate the air from the soils.
- **Water** – The goal with watering is to develop deep grass roots. This will create a healthier grass and help lower your water use. This can be achieved by using multiple irrigation cycles to water your turf. If your irrigation controller allows, set it for two (2) start times for half the amount of time. For example, if you have been watering for ten (10) minutes, cut your time to five (5) minutes, twice. LESS WATER, MORE FREQUENT will allow the water to penetrate deeper, developing deeper roots.
- **Mowing** – Are you stuck in a rut? Sharpen those blades and use your imagination. Consider changing your mowing pattern each time you mow. Not only will this change the appearance of your turf, it also builds the health of the grass and eliminates ruts. Please remember to turn off your irrigation the day before you mow.



BOARD OF DIRECTORS

President
Nicole York

Vice President
Jacob Rambo

Secretary
Alison Aleman

Treasurer
Shirley Ng

Director
Barbara Patterson

Customer Care Center

The goal of FirstService Residential is to utilize the Customer Care Center to streamline all HOA processes. We are just a phone call away, so please contact us any time at (800) 428-5588.

Keep Current on Upcoming Events

If you haven't already, please join our email distribution list by contacting our office at StonelakeAdmin.CA@fsresidential.com and requesting that you be added. We send out important information and reminders regarding the community, and we do not want you to miss out.

Upcoming Meeting Dates

- **Architectural meetings** – Held on the first Tuesday of every month at 6:00 p.m. in the Clubhouse located at 3000 Riparian Way, Elk Grove, CA 95757.
- **Open session board meetings** – Held on the second Tuesday of the month at 7:00 p.m. in the Clubhouse located at 3000 Riparian Way, Elk Grove, CA 95757.

Visit Stonelakeclub.com, regularly for notices regarding meeting date changes. Also, copies of the CC&Rs, Bylaws and Rules and Regulations are posted there for your convenience.

New Mailing Address for Payments

Our mailing address has changed for accepting payments made by paper check, money order and through your bank's Online Bill Pay feature. If you choose to pay by check or money order, please mail your payments to the address below. Ensure that your 12-digit payment account number is written on your payment. If you pay through your bank's online Bill Pay feature, log in to your online banking account, check your 12-digit payment account number and update the payee's address as listed below:



Stonelake Master Association
c/o FirstService Residential
P.O. Box 62053
Newark, NJ 07101

Time to Re-stain Your Fence?

Due to the high demand of fencing needed in the community, management has reached out to Sherwin-Williams for a community discount on the approved stain. Stonelake Master Association residents will now receive a discount on fence stain at any Sherwin-Williams store by simply telling them that you live in the Stonelake community and providing them with our account #241925098. Although there is only one approved fence color for Stonelake, Caribou SW3025, a Sherwin-Williams representative will also help you select the appropriate type of stain to use on your fence.

Mondays and Fridays: Members Only

Stonelake members are reminded that every Monday and Friday are Members Only days at the Clubhouse. As a result, members are not allowed to sign in guests on these days.

Clubhouse Class Schedule

PERSONAL TRAINING

Contact Kylie Halcomb at (530) 300-7233.

Personal training is \$60 per 50-minute session.

YOGA

Mondays, Tuesdays: 9:30 a.m. – 10:20 a.m.

Tuesdays: 7:00 p.m. – 8:00 p.m.

Yoga is \$5 per class for members, \$7 for guests.

ZUMBA/CARDIO DANCE

Saturdays: 9:15 a.m. – 10:15 a.m.

Zumba is \$5 per class, \$7 for guests.

YOUTH KARATE (Grades 3-8)

Fridays: 6:15 p.m. – 7:00 p.m.

(Contact for prices)

YUANJI #1*

Sunday–Saturday: 7:00 a.m. – 8:00 a.m.

YUANJI #2*

Monday–Thursday: 8:00 a.m. – 9:00 a.m.

GI-GONG*

Sunday, Friday, Saturday: 8:00 a.m. – 9:00 a.m.

TAI CHI*

Monday, Wednesday, Friday

7:00 p.m. – 8:00 p.m.

BALLROOM DANCE*

Friday: 8:00 p.m. – 9:00 p.m.

BALLROOM/LATIN DANCE*

Sunday: 11:30 a.m. – 12:30 p.m.

LINE DANCE*

Sunday: 10:30 a.m. – 11:30 a.m.

QIGONG EXERCISE & TAI CHI WU STYLE*

Thursday: 7:00 p.m. – 8:00 p.m.

***no cost per class**



Stonelake
Master Association
FirstService Residential
3000 Riparian Drive,
Elk Grove, CA 95757
www.stonelakeclub.com

PRSR FIRST CLASS
US POSTAGE PAID
SANTA ANA, CA
PERMIT 1333

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
AR Cleaning 6:00 a.m. - 7:00 a.m. Yuanji #1 7:00 a.m. - 8:00 a.m. Gi-Gong 8:00 a.m. - 9:00 a.m. Line Dance 10:30 a.m. - 11:30 a.m. Ballroom/Latin Dance 11:30 a.m. - 12:30 p.m.	AR Cleaning 6:00 a.m. - 7:00 a.m. Yuanji #1 7:00 a.m. - 8:00 a.m. Yuanji #2 8:00 a.m. - 9:00 a.m. Yoga 9:30 a.m. - 10:20 a.m. Tai Chi 7:00 p.m. - 8:00 p.m.	AR Cleaning: 6:00 a.m. - 7:00 a.m. Yuanji #1 - 7:00 a.m. - 8:00 a.m. Yuanji #2 - 8:00 a.m. - 9:00 a.m. Yoga 9:30 a.m. - 10:20 a.m. Tai Chi 7:00 p.m. - 8:00 p.m. ACC Meeting: 6:00 p.m.	AR Cleaning: 6:00 a.m. - 7:00 a.m. Yuanji #1 7:00 a.m. - 8:00 a.m. Yuanji #2 8:00 a.m. - 9:00 a.m. Tai Chi 7:00 p.m. - 8:00 p.m.	AR Cleaning: 6:00 a.m. - 7:00 a.m. Yuanji #1 7:00 a.m. - 8:00 a.m. Yuanji #2 8:00 a.m. - 9:00 a.m. Qigong Exercise & Tai Chi Wu Style 7:00 p.m. - 8:00 p.m.	AR Cleaning: 6:00 a.m. - 7:00 a.m. Yuanji #1 - 7:00 a.m. - 8:00 a.m. Gi-Gong - 8:00 a.m. - 9:00 a.m. Youth Karate 6:15 p.m. - 7:00 p.m. Tai Chi 7:00 p.m. - 8:00 p.m. Ballroom Dance 8:00 p.m. - 9:00 p.m.	AR Cleaning 7:00 a.m. - 8:00 a.m. Yuanji #1 7:00 a.m. - 8:00 a.m. Gi-Gong 8:00 a.m. - 9:00 a.m. Water Aerobics 9:30 a.m. Zumba/Cardio Dance 9:15 a.m. - 10:15 a.m.	
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